



Gary Shank
Capital Area Swim League
All Star Championships
Sunday, July 21st, 2019
Hosted by Hampden Aquatic Club



Location

Hampden Township Pool

5001 Hampden Park Dr
Mechanicsburg, PA 17050

Facility

The Hampden Township Pool is an eight-lane competitive pool with bulkhead, and fully automatic timing. Removable bulkhead allows for 25-meter course with an 8 lane 25-yard warm down area. The starting end has a depth of 6 feet. The facility is equipped with Competitor lane lines, Colorado Timing System, Aqua Grip electronic pads, and an eight-line readout scoreboard.

Spectator seating will be on bleachers surrounding the competition course. Teams will be assigned areas within the pool complex.

Contacts

Meet Marshall
Meet Manager

Mike Gobrecht
Janet Butterfield

Officials Coordinator Mike Gobrecht
mike@wsyswim.org

Meet Referee: Chad Chenot | Kathy Butler

Eligibility

Official results from each divisional championship meet will be compiled to determine the All-Stars qualifiers. For individual events, the 16 fastest overall times from the combined results of the divisional meets will qualify for All-Stars. For relays, the fastest 8 overall times will qualify. First and second alternates will be included in the final entry list. **Please contact your coach or the Meet Marshall with any last minute scratches.**

Important Dates and Times

Coaches/Volunteers – Saturday, July 20th by 5 PM

AAA and AAAA Division: Each team is responsible for providing two (2) timer, one (1) official and one (1) team parent to volunteer with seeding

AA and A Division: Each team is responsible for providing one (1) timer, one (1) official and one (1) team parent to volunteer with seeding.

All Coaches attending on behalf of the team must be pre-registered and show government ID to receive their free wrist band for access to the hospitality tent.

Officials must be certified by PIAA, USA Swimming or YMCA Certification. Please indicate which certification they have on the volunteer sheet.

All information must be submitted by 5 PM via the CASL All Star page.

Coaches and Volunteers who are chosen to be used will receive free admission and a wrist band at the volunteer table.

All Star T Shirt Sales – Saturday, July 20th by 8 PM

Hampden Aquatic Club will be taking Saturday “Team only” T shirt orders to guarantee stock along with selling T Shirts on the day of the event at \$15 each. Payment is due the morning of the event and should be made out to Hampden Aquatic Club. To receive your pre-order bundle, visit the T Shirt tent for pickup. Order forms are available on the CASL All Star page.

Meet Information – Sunday, July 21st

Meet Stars at 9 AM (Warm Ups from 7:00 to 8:50)

Scratch Meeting: 8:00 AM near the scoreboard area

Officials Meeting: 8:20 AM near the scoreboard area

Timers Meeting: 8:40 AM near the scoreboard area

Meet Information

Events/Sessions

The meet will be run as one session in the same format that our dual meets are run.

Warm-ups

There will be 16 warm-up lanes available for each session (8 in the competition pool, and 8-lane portion of the pool opposite the competition course.) Coaches and swimmers are asked to be courteous and fair to other teams in sharing lane space. Teams will be assigned specific warm-up lanes when the meet entries are distributed to the teams on Saturday, July 20th.

Continuous warm-up/ warm-down will be available in the 8-lane portion of the pool opposite the competition course throughout the meet.

Swimmers with Disabilities

A coach or team representative must alert the meet director and the meet referee as to the need for any special accommodations or arrangements prior to the start of the meet.

Swimmer Seating/Staging

Swimmer seating will be available within the pool complex area in the grass.

A bullpen area will be located behind the starting block area for ALL swimmers to check in before their event.

Results/Awards

Results will be posted near the bath house area for parents and swimmers to view.

Results will also be available online using “Meet Mobile app”.

Custom medals will be awarded to places 1st through 8th for relay events and 1st through 16th for individual events. Champions of each event will receive a custom CASL All-Star Champion swim cap. Coaches are responsible to pick up their team’s awards at the conclusion of the meet.

Admission

Admission is \$5.00 for everyone age 5 and above.

Meet Programs are \$3 each until supplies last

All swimmers entered in the CASL All Star event are free.

Spectator Seating

The spectator seating area is limited, and bleachers will be available on both sides of the pool. In order for all families to have a positive experience, we are asking families to setup their chairs and blankets within their team area as their "Permanent Seating" and share the spectator seating area with others. In the event the spectator area becomes overcrowded, we reserve the right to restrict access to this area.

Our meet directors/security staff reserves the right to ask you to leave the premises should you not comply.

Concession/Vendor Stands

A complete selection of food and drinks will be available for purchase along with vendors selling swimming equipment near the picnic area within the pool complex.

Food and drinks will be available for coaches and officials throughout the meet in the hospitality tent located near the bath house area.

All Star Championship T-Shirts

Meet T-shirts will be available with a limited supply available on the day of the meet.

The short sleeve T-shirt in sizes Youth Small to Adult XXL will cost is \$15 and available as supplies last.

Rules/Safety

This meet will be conducted according to current NFHS swimming rules and safety procedures, with CASL modifications. This meet will be conducted using the whistle command and, with the exception of 8 & Under events, no-recall false start procedures.

No diving will be permitted during warm-ups, except limited diving from the starting block end in announced sprint lanes. When diving is permitted, the swimmer must enter from the starting block end and exit from the opposite end of the pool. All entries must be feet-first other than the above mentioned.

Swimmers violating safety procedures will be removed from the warm-up for the remainder of the warm-up session. Subsequent violations may cause the swimmer to be disqualified from the remainder of the meet.

Any swimmer observed swimming under the bulkhead by an official or safety monitor at the meet will be disqualified from the Swimmer's next individual event, or from the remainder of the meet, as determined by the Meet Marshall. This policy will be strictly enforced.

Recording Ban

The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms, locker rooms, behind the starting blocks or turn end of the pool.

ALL PHOTOGRAPHS OR VIDEOS TAKEN DURING THE ALL STAR MEET MUST BE TAKEN **ON THE SIDE OF THE POOL BETWEEN THE BACKSTROKE FLAGS**. NO PHOTOGRAPHS OR VIDEOS MAY BE TAKEN FROM THE START (BLOCKS) OR TURN END OF THE POOL. NO EXCEPTIONS AND THIS INCLUDES THE USE OF CELL PHONES.

Deck Changing

Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.

Text/SMS Communication

To be added to the Text/SMS communication utility, text **CASLALLSTARS** to **84483** on your electronic device to be kept up-to-date on the 2019 CASL All-Star Championships

Release Statement

The Capital Area Swim League, Hampden Township Pool, and Hampden Aquatic Club shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

Additional detail information is available at www.swim-hampden.org

